

Emergency Room or Urgent Care?

Many people use the emergency room as a place to receive after-hours care for minor illnesses or injuries without realizing they have another option for far less cost.

In 2021, 11% of ER visits were potentially avoidable.

The table below lists medical conditions that merit a trip to the ER compared to those commonly treated in an urgent care facility. **On average, a visit to an urgent care facility or family doctor (in-person or telemedicine) cost \$1,363 less than an avoidable ER visit.**

In addition to the cost factor, there are other reasons for going to an urgent care facility for non-emergency care:

- Wait times to see an urgent care doctor are typically shorter than those at an ER.
- Urgent care facilities can usually be found in nearby locations, such as shopping or business centers.
- Urgent care centers tend to be less crowded than ERs, so there's more space between visitors.

It's always best to visit your family doctor for non-emergency care... but if that's not an option, urgent care is the way to go.



Common Uses for Emergency Rooms & Urgent Care

Emergency Room		Urgent Care	
• Broken bones and dislocated joints	• Severe burns or bleeding	• Animal or insect bite	• Fever over 101.5
• Crushing intense headache	• Shortness of breath	• Back pain	• Rashes and minor burns
• Head or eye injury	• Slurred speech	• Cold, flu or sinus pain	• Small cuts that may require stitches
• Intense chest pain	• Weakness or numbness on one side	• Constipation	• Sore throat
• Open wounds		• Dehydration	• Sprains and strains
• Seizures		• Ear pain	

Average potential savings per visit by using Urgent Care or a Primary Care Physician = \$1,363



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