

Colorectal Cancer Screening: 45 is the New 50

Colorectal Cancer Facts

Colorectal cancer is the **third** most commonly diagnosed cancer in men and women combined in the U.S., with an estimated **151,030** people who will be diagnosed with the disease this year. It is also the **second** most common cause of cancer deaths when men and women are combined.

However, with regular screenings, colorectal cancer is one of the **most preventable** cancers. Colon and rectal cancers are also **highly treatable** if caught early, with a 5-year survival rate of **91%** for localized colon cancer and **90%** for localized rectal cancer.

45 IS THE NEW 50 THE NEW RECOMMENDED AGE TO START COLORECTAL CANCER SCREENING HAS BEEN LOWERED FROM AGE 50 TO 45.



SOURCES: American Cancer Society, Center for Disease Control and Prevention, Colorectal Cancer Alliance