

Self-Funding Solutions Checklist

Rising inflation affects your health plan in a variety of ways, increasing the costs of provider care, prescription drugs, and medical supplies. Fortunately, MedBen has proven solutions that will help you fight back.

Below, we've listed MedBen's self-funding solutions... services and strategies that enhance your plan while reducing your overall spend. Just check the ones you'd like to learn more about, and we'll be happy to provide you with additional information.

☐ Alternative Reimbursement Strategies

- ☐ Direct-to-Employer Contract with PPO Wrap
- ☐ Direct-to-Employer Contract with Reference-Based Pricing (RBP) Wrap
- ☐ Direct-to-Employer Contract with Fair Market Pricing (FMP) Wrap
- ☐ Straight RBP
- ☐ Straight FMP
- ☐ Out-of-Network RBP (Unwrapped)

☐ Forensic Claims Review

☐ Utilization Review & Case Management

☐ Risk Reduction Strategies

- ☐ Plan Compliance Review
- ☐ Spousal Language
- ☐ Transplant Carve-out Policy
- ☐ Air Ambulance Review
- ☐ Dialysis Language

☐ Pharmacy Pricing Strategies

- ☐ Average Wholesale Price
- ☐ Acquisition Cost Index
- ☐ Own Use
- ☐ 340B

☐ Formulary Strategies

- ☐ Discretionary Formulary
- ☐ High-Value Formulary
- ☐ Over-the-Counter (OTC) Formulary
- ☐ Specialty Pharmacy
- ☐ Biosimilars
- ☐ Patient Assistance Programs (Benefit Preservation)
- ☐ Alternate Rx Sourcing (Personal International Importation Assistance)

☐ Genomic Testing

- ☐ Pharmacogenomics
- ☐ Nutrigenomics

☐ Wellness & Disease Management (MedBen WellLiving)

☐ Flexible Spending Accounts (FSAs)

☐ Health Reimbursement Arrangements (Limited Use or Full HRAs)

☐ Health Savings Accounts (HSAs)/ High-Deductible Health Plans (HDHPs)

☐ Member Engagement Strategies

- ☐ MedBen Access
- ☐ MedBen Connect
- ☐ Telemedicine